December 3, 2021

The Honorable Kathy Hochul Governor of New York State NYS State Capitol Building Albany, NY 12224

Dear Governor Hochul,

We are a diverse coalition of anti-hunger, education, food, and nutrition organizations and associations writing today to ask you to take action in the FY 2023 Executive Budget to include Healthy School Meals for All NY Kids. This would ensure that every K-12 student in New York has equal access to a nutritious breakfast and lunch at school to support their health and academic success.

Providing healthy school meals at no cost for every student in New York State – regardless of income – is a critical investment in the health and well-being of New York's students, ending child hunger in schools, and building equity in our education and health system.

## Healthy School Meals for All NY Kids is Essential for Recovery

The health and economic crises brought on by the COVID-19 pandemic have made the federal school meal programs more important than ever. A record number of New Yorkers do not have enough to eat, and it is likely that the economic recovery for families who struggle to put food on the table will take years.

The federal school meal programs have played a central role in reducing hardship during the pandemic. Since March 2020, USDA has provided waivers to schools, allowing them to serve meals at no cost to all students. These meals have been a lifeline for struggling families, but the waivers are set to expire at the end of this school year, leaving over 2,000 schools and nearly 800,000 students in New York State without access to free school meals for all.

The ability to serve all students a nutritious meal, regardless of income, should not be rolled back as we begin to recover from the worst of the pandemic. Access to school meals should be a fundamental value in all of our schools. It is proven successful in combating childhood hunger, improving children's health, and creating more equitable opportunities for academic success. Research shows school meals improve academic achievement, standardized test scores, cognitive function, and attendance. Consumption of school meals is also linked with greater food security, reduced obesity rates, and improved physical and mental health outcomes. Schools that implement the Community Eligibility Provision (CEP) - a federal option that allows high-poverty schools to offer meals at no cost for all - report improved student behavior and decreased suspension rates. As we work to recover from the vast economic and educational impacts of COVID-19, there has never been a more important time to continue free school meals for all, allowing more students and schools to reap these benefits.

## New York is Ready for Healthy School Meals For All NY Kids

New York's strong investments in school meals have set the stage for Healthy School Meals for All NY Kids. During your leadership as Lieutenant Governor, New York established policies that eliminated the collection of school meal debt. The State also invested to eliminate students' reduced-price copayment, eradicating a significant barrier to school meals for families above the income limits for free meals, but still struggling to meet basic needs. Statewide Healthy School Meals for All NY Kids complements these policies by eliminating school meal debt altogether, further supporting families earning less than a living wage, and providing stability for struggling school nutrition programs.

New York also leads the nation in strong uptake in the Community Eligibility Provision (CEP). Currently, over 3,600 New York schools – serving a total of 1.7 million students – use CEP to draw down federal dollars to offer school meals at no cost for all of their students. The more eligible schools that operate CEP, the more cost effective a statewide Healthy School Meals for All NY Kids program becomes. With nearly 70% of New York's schools already offering free meals for all, New York is strategically positioned to level the playing field for the remaining 2.000 schools.

#### Who Gets Left Behind under the Current Structure

While many New York schools – predominantly our larger, urban school districts – offer meals at no cost for all through CEP, 270 schools in our state are eligible for CEP but not participating, often because they are unable to make it work financially. Many of these schools are our smallest school districts in rural communities, where poverty is less concentrated but still prevalent. Healthy School Meals for All NY Kids is an equalizer, especially for these small districts where students face amplified stigma and schools struggle to maintain financially viable programs under the current tiered payment structure.

In addition, there are schools that do not qualify for CEP but still serve significant numbers of low-income students who fall through the cracks of the current system. In New York, children qualify for free school meals if their household's income is at or below 185 percent of the federal poverty level, which translates into an annual income of \$49,000 or less for a family of four for the 2021–2022 school year. A livable salary for a family of four in New York is over \$74,000<sup>ii</sup>, even without taking into account regional differences in the cost of living. This discrepancy between eligibility and the living wage means that many families who are struggling to make ends meet do not qualify for free school meals. Even among eligible families, students can be missed and not certified for free school meals, creating an undue burden of school meal debt for families and schools. Stigma further inhibits access, especially among teenage students, who often drop out of school meal programs as they get older. This is exemplified in many school districts throughout the state that see their rates of free or reduced-price eligible students drop significantly from elementary to high schools.

All school districts in our state now face impossible fiscal decisions with their limited school budgets, while also being tasked to nourish our children each school day. We have heard from school districts that the financial and administrative burden of shifting back to a tiered payment system after the waivers are lifted will likely collapse their school meal programs that are already operating at a deficit throughout the pandemic. Statewide Healthy School Meals for All NY Kids would allow these schools to avoid the impossible choice between providing meals to all children and resources for their education.

## **New York Must Act Now to Avoid a Hunger Cliff**

There has never been a more important time to invest in school meals. After June 2022, over 2,000 schools and nearly 800,000 students across our state will lose access to free school meals for all. Earlier this year, California and Maine passed state legislation to avoid this hunger cliff. New York can – and must – be on the leading edge of this issue by including Healthy School Meals for All NY Kids in the FY23 State Budget.

New York can accomplish this by supplementing the cost of providing school meals that is not covered by the federal government, so schools are fully reimbursed at the "free rate" for all meals they serve. The total cost to the state is dependent on many factors, including estimates of increased participation, and potential cost savings from effectively leveraging federal provisions like CEP and implementing best practices to draw down maximum federal reimbursements. Most significantly, proposed federal investments in the Build Back Better Act could lower – if not eliminate – the cost of a Healthy School Meals for All NY Kids program in New York. As written, the bill would increase federal reimbursements to CEP-eligible schools by over \$64 million, and allow states to adopt CEP statewide.

While changes at the federal level could make Healthy School Meals for All NY Kids more cost-effective for our state, New York must act now regardless of federal action. The state can develop a sustainable program by fully leveraging existing federal resources, including by maximizing CEP among eligible schools, and improving our state-level direct certification system to capture all children who automatically qualify for free school meals based on their participation in another federally-approved program, like SNAP, or other qualifying circumstances. The state can also support local best practices to strengthen school districts' direct certification processes and encourage robust SNAP outreach to ensure eligible families are participating.

As representatives from local and state organizations that see firsthand the impact of poverty and food insecurity in New York, we know how life-changing free school meals for all could be for students, their families, schools, and communities.

We strongly believe that like textbooks and transportation, school meals should be a part of a child's education in New York.

Sincerely,

**Statewide Organizations and Associations:** 

Alliance for Better Health Alliance of NYS YMCAs

Association of School Business Officials Church Women United in New York State Citizens' Committee for Children of New York

**Education Council Consortium** 

Hunger Free America Hunger Solutions New York

**New York School Nutrition Association** 

New York State Academy of Nutrition and Dietetics New York State Council of School Superintendents

New York State Network for Youth Success New York State Public Health Association New York State School Boards Association New York State School Counselor Association

No Kid Hungry New York

NYS American Academy of Pediatrics

NYS PTA NYSUT

Restaurant Opportunities Centers UNITED Rural Schools Association of New York State

Slate Foods, Inc.

WIC Association of NYS, Inc.

# Community-Based Organizations and Associations:

**Abundant Life Ministries** 

American Academy of Pediatrics (AAP), NYS Chapter 3 Nutrition and Obesity Committee

**Betts Branch Library** 

**BIFAC** 

Bridgehampton Child Care & Recreational Center

**Bronx Impact** 

CAPTAIN Community Human Services Center for Agricultural Development and

Entrepreneurship (CADE) Central Islip Civic Council

Chancellor's Parent Advisory Council (CPAC)

Charles Street Block Association Child Care Council of Suffolk, Inc. Children's Museum of the East End Christ Jesus Baptist Church, Inc.

City Harvest

Citymeals on Wheels Citywide Leadership Team Community Food Advocates Community Housing Innovations, Inc.

Council of School Supervisors and Administrators

**CUNY Urban Food Policy Institute** 

Cypress Hills Local Development Corporation
District 75/President of D75 President's Council

Early Childhood Quality Council

Edible Schoolyard NYC Empire Justice Center Equity Advocates

Food Bank For New York City

Food Bank of Central New York Food Bank of the Southern Tier

FoodCorps Foodlink Inc

Francis Lewis High School PTA

Health and Welfare Council of Long Island

Healthi Kids Coalition

Horizons at Warner/University of Rochester

Keeping Ladies and Men Motivated

L4L Coalition

Laurie M. Tisch Center for Food, Education &

Policy, Columbia University

Long Island African American Chamber of

Commerce

Long Island Cares, Inc.

Long Island Center for Independent Living, Inc. (LICIL)

Long Island FQHC, Inc

**Lunch 4 Learning Coalition Parent Caucus** 

Macedon Public Library

Mental Health Association of Nassau County Ministerio Jesuscristovive, love without barriers

Nachas Health & Family Network, Inc.

NANA's House (Never Alone, Never Afraid Inc.)

Naomi Berrie Diabetes Center Niagara Falls Public Library Partners in Nutrition LLC

PATH Pakistani Americans of the Town of

Huntington

Queens High School Presidents' Council

**RASCAL** 

Regional Food Bank of Northeastern New York

Resurrection House, Inc.

Rochester Area Community Foundation

Rural Health Network of SCNY

South Hempstead Baptist Church Food Pantry

St. Bernard Parish Social Ministry

St. Peter's Episcopal Church Love Pantry

Suffolk County Food Policy Council

Teens for Food Justice
The Children's Agenda
The Community Place
The Solidarity Group Inc

The United Federation of Teachers (UFT)

**UJA Federation of NY** 

United Health Services Hospitals, Inc.

United Way of New York City

United Way of the Greater Capital Region

Universe City NYC Wellness in the Schools

Youth Enrichment Services, Inc.

Schools:

Ada Exempted Village school Alden Central School District

**BATAVIA CSD** 

**Broome Tioga BOCES** 

Clyde-Savannah Central School District

Comsewogue School District Board of Education

Copenhagen Central School

Copiague UFSD Dansville Central

**Evans Brant Central School District** 

Farmingdale UFSD Friedberg JCC

Fulton City School Nutrition Program

Geneva City School District Greece Central School District Greenwich Central School Hadley-Luzerne CSD

Hampton Bays Union Free School District

Hannibal Central Schools

Haverstraw-Stony Pt CSD

**Huntington Union Free School District** 

Ithaca School Food Service
Jamestown Public Schools
Long Beach School District
Mechanicville City School District
Millbrook Central School District

Mohonasen CSD

Newark Central School

North Colonie Central School District Northport - East Northport School District

Notre Dame High School

Phoenix Central School District

PSMS 5

Red Creek Central School

Renaissance Academy Charter School of the Arts

Riverhead CSD Saranac Lake CSD

Shenendehowa Central Schools Springville-Griffith Institute CSD

St. Amelia School

St. Catherine's Center for Children St. Regis Falls Central School

Three Village CSD

**Tupper Lake Central School** 

University Preparatory Charter School for Young

Men

Warrensburg CSD

Waterford-Halfmoon UFSD West Babylon Schools

West Islip Union Free School District West Seneca Central School District Whitson's Culinary Group, Huntington Whitson's Culinary Group, Islandia

Yeshivat Shaare Torah

Cc:

Betty Rosa, Commissioner, New York State Education Department

Richard Ball, Commissioner, New York State Department of Agriculture and Markets

Senator Michelle Hinchey, Chair, Senate Agriculture Committee

Senator Liz Krueger, Chair, Senate Finance Committee

Senator Shelley Mayer, Chair, Senate Education Committee

Senator Rachel May, Chair, Legislative Commission on Rural Resources

Senator John Liu, Chair, New York City Education Committee

Senator Robert Jackson, Chair, Committee on Cities 1

Senator Jeremy Cooney, Chair, Committee on Cities 2

Assemblywoman Donna Lupardo, Chair, Assembly Agriculture Committee

Assemblyman Michael Benedetto, Chair, Assembly Education Committee Assemblyman Edward Braunstein, Chair, Assembly Cities Committee Assemblyman Angelo Santabarbara, Chair, Legislative Commission on Rural Resources

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For more information on the positive impacts of the School Nutrition Programs, read the <u>Food Research</u> & Action Center's School Meals are Essential for Student Health and Learning; <u>Breakfast for Learning</u>; <u>Breakfast for Health</u>; and <u>The Connections Between Food Insecurity</u>, the <u>Federal Nutrition Programs</u>, and Student Behavior.

Nadeau, Carey Ann. "Living Wage Calculator—Living Wage Calculation for New York." *Living Wage Calculator*, Department of Urban Studies and Planning, Massachusetts Institute of Technology., <a href="https://livingwage.mit.edu/states/36">https://livingwage.mit.edu/states/36</a>. Accessed 15 Nov. 2021.

Pérez, Allyson, and Crystal FitzSimons. "The Case for Healthy School Meals for All." *Food Research and Action Center,* June 2021, <a href="https://frac.org/wp-content/uploads/SchoolMealsForAll.pdf">https://frac.org/wp-content/uploads/SchoolMealsForAll.pdf</a>. Accessed 15 Nov. 2021.